



Boys & Girls Club of Fayetteville

2010 Youth Basketball League Rules



K-3 Grade

- 1) This is an instructional league. Score will only be kept in the 2nd & 3rd grade league.
- 2) There will be one official for 2nd & 3rd grade games. One coach will be allowed on the floor.
- 3) Each team is allowed two coaches on game days (1 on the floor & 1 on the bench.)
- 4) Games will be played in a 3 on 3 format (K-2) and 4 on 4 format (3rd).
- 5) 8 foot goals (K-2) and 9 foot goals (3rd) on shortened courts.
- 6) There will be 35 minute running clock. The clock will stop for substitutions. 2nd & 3rd grade is allowed 1 timeout during the last 3 minutes. Clock stops the last minute of the game.
- 7) Each team must play man-to-man defense (no zone defenses).
- 8) Teams cannot play defense until the offense has crossed half court. i.e. no full court press.
- 9) Overtime will be 2 minutes with the clock stopping on every whistle. Each team will be given 1 timeout for overtime. After one overtime a tie is declared. Zone or man to man will be allowed in overtime.
- 10) One practice per week will be scheduled for each team by the Boys & Girls Club.
- 11) Practices must end by 8:30 pm.

Participation:

- 1) The clock will be stopped for substitution at the 8, 16, 24, & 30 minute interval.
- 2) No player may sit for more than 2 consecutive periods.
- 3) Every player must be given equal playing time with other players on his/her team. The only exceptions to the rule are:
 - a. Injury/Illness or number of players that disallows equal playing time.